

Activate your SHINING STAR outside of the Cosmic Light Wave Activation Programme, one of two ways...

Note: You don't go into the Inner Planes for either of these two practices as this is only done when you do the Cosmic Light Wave Activation Programme. The two versions are offered to train you to be Heaven on Earth aka embodying Divine Light within your Being and energies as you go about your daily life.

Version 1

Visualise your Being filling with White Light or instantly being White Light. The White Light of Purity activates all particles of your Being. You are a White Light Being. Visualise yourself surrounded in a Sphere of White Light which includes your Aura. Next the Golden Light of Creation flows into you from all directions. Finally, from the centre of your Solar Plexus Centre, your radiant Shining Star opens out, dazzling and beautiful, filling the space of your White Light Being and White Light Sphere.

Say...I am a Star of Radiant Light

Version 2

Say...The White Light of Purity activates all particles of my Being

Say...I am a White Light Being in a White Light Sphere

Say... I am filled with the Golden Light of Creation

Say...I am a Star of Radiant Light

Enjoy discovering the discipline, freedom, wonder and magic of your STAR practice. I look forward to hearing how you go and of course answering you