

DIVINE PURPOSE ALIGN WITH ME

How to download & activate this programme

1. First SAY “DIVINE PURPOSE ALIGN WITH ME”
2. Now focus strongly on the idea of being in full alignment with Divine Purpose and this playing out through all levels of your life.
3. Breathe slowly in and out for 3 rounds, centre yourself and then say very slowly: **“CREATION PROGRAMME DIVINE PURPOSE ALIGN WITH ME”**
4. Next you will count silently from 1 to 17. As you count, breathe slowly in and out e.g. in for 1-8 and out for 9-17. Pause after the out breath in the “still point of creation” for as long as comfortably possible, then take a strong dynamic breath in and out, and voila, your programme is activated.
5. Take a moment, a few minutes (or longer) to enjoy the energy roll out

Note Divine Purpose can be expressed many ways & forms, creating a juicy moveable feast!

Note that while you are paused in the “still point of Creation” you can either be in silence or silently say “DIVINE PURPOSE ALIGN WITH ME.” You can also say this at times throughout your day or as a mantra.