

The Golden Water CREATION PROGRAMME below is different from all the other CREATION PROGRAMMES and can be used as often as you want.

The GOLDEN WATER programme below is designed to take place within a kilometre radius from where you are. It will transform every molecule of water within this radius so within you, within all life such as people, animals, insects, plants, roots, soil and within all water molecules anywhere e.g. tanks, taps, tanks, pipes, the earth, rivers, pools etc.

ABOUT GOLDEN WATER

Creating delicious, harmonious and energised water is simple and beneficial to you and your surroundings on many levels. Most importantly and of course essentially, creating GOLDEN WATER benefits the WATER Elementals. Once the WATER Elementals have transformed then all who drink, utilise or bathe in GOLDEN WATER will benefit.

The best way to experience the positive effects of creating GOLDEN WATER is to use it and taste it. The more you make and drink GOLDEN WATER the more you connect and build a relationship with the Water Elementals. This is a truly amazing experience on many levels and a relationship I highly recommend developing.

GOLDEN WATER

How to download & activate this programme

- 1.** Place a glass or vessel of water in front of you. If working with a body of water like a pond/river/ocean/tank, no need for the vessel.
- 2.** Look at the water throughout the entire download and activate process:
- 3.** SAY "GOLDEN WATER"
- 4.** Breathe slowly in and out for 3 rounds, centre yourself and then **say very slowly:**

"CREATION PROGRAMME GOLDEN WATER"

- 5.** Next you will count silently from 1 to 17. As you count, breathe slowly in and out e.g. in for 1-8 and out for 9-17. Pause after the out breath in the "still point of creation" for as long as comfortably possible, then take a strong dynamic breath in and out, and voila, your programme is activated.

The water will take up to 20 minutes to "sweeten" so let it sit

Your Golden Water will last until the water molecules are used up. Use the programme as often as required. 1 - 2 times a day is a great start.